

# ALIGN WITH GOD MINISTRIES

## The STAGES OF MATURITY

Taken from [LifeModelWorks.org](http://LifeModelWorks.org)- Jim Wilder

### INFANT STAGE

- I have experienced strong, loving, caring bonds with mother/women. I have experienced strong, loving, caring bonds with father/a man. Important needs were met until I learned to ask.
- Others took the lead and synchronized with me and my feelings first. Quiet together times helped me calm myself with people around. Important people have seen me through the "eyes of heaven."
- I can both receive and give life.
- I receive with joy and without guilt or shame.
- I can now synchronize with others and their feelings.
- I found people to imitate so that I now have a personality I like. I learned to regulate and quiet the "big six" emotions:
  - Anger
  - Fear
  - Sadness
  - Disgust
  - Shame hopeless/despair
- I can return to joy from every emotion and restore broken relationships. I stay the same person over time.
- I know how to rest.

### CHILD STAGE

- I can do things I don't feel like doing.
- I can do hard things (even if they cause me some pain.)
- I can separate my feelings, my imagination and reality in my relationships.
- I am comfortable with reasonable risks, attempts and failures.
- I have received love I did not have to earn.
- I know how my family came to be the way it is--family history.
- I know how God's family came to be the way it is.
- I know the "big picture" of life with the stages of maturity.
- I can take care of myself.
- I ask for what I need.
- I enjoy self-expression.
- I am growing in the things I am good at doing (personal resources and talents.)
- I help other people to understand me better if they don't respond well to me
- I have learned to control my cravings.
- I know what satisfies me.
- I see myself through the "eyes of heaven." (This means through God's eyes, how God sees us, and through other's eyes who see what God has placed in me)

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## ADULT STAGE

- I have had a rite of passage into adulthood by the community I am comfortable relating to the same sex community
- I have a peer group where I belong
- I can partner with others
- My relationships are marked by fairness and mutual satisfaction
- I protect others from my power when necessary
- I protect my personal and group identity when boundaries are violated I live in a way that expresses my heart
- I have a diverse set of roles and responsibilities
- I make important contributions to my family and community
- I can bring two or more people back to joy at the same time
- I use my sexual power wisely
- I can proclaim my spiritual identity
- I can see others through the “eyes of Heaven.”

## PARENT STAGE

***(Note: this does not have to be actual parents but can include those that have mentored and been surrogate parents for others)***

- I have brought others to life
- I have an encouraging partner
- I receive guidance from elders
- I have peers that hold me accountable
- I have a secure and orderly home and community
- I can give without needing to receive in return
- I see my family through the eyes of heaven
- I include others in family activities
- I am present with my family
- I am protective of my family
- I am attentive to my family
- I am calming to my family
- I enjoy my family
- I comfort my family
- I help my children mature
- I can synchronize the needs of wife, children, family, work & church
- I have a community of people to call my own
- I am recognized by my community
- I have a proper place in the community structure
- I am valued and defended by the community
- I demonstrate hospitality
- I give life to the “familyless”
- I help my community mature
- I build and maintain the community identity
- I don't abandon when I disengage
- I share others' feelings but still know who I am and who they are I continue to be the same person when provoked or tempted

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- I bear up well under: Misunderstandings Accusations & Rage Contradictions
- I see some of what God sees in every situation
- I enjoy what God put in each and everyone
- I live transparently and spontaneously

## ELDER STAGE

- I have a community of people to call my own
- I am recognized by my community
- I have a proper place in the community structure
- I am valued and defended by the community
- I demonstrate hospitality
- I give life to the “familyless”
- I help my community mature
- I build and maintain the community identity
- I don't abandon when I disengage
- I share others' feelings but still know who I am and who they are I continue to be the same person when provoked or tempted
- I bear up well under:
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- I see some of what God sees in every situation I enjoy what God put in each and everyone
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## PRE-MARRIAGE CHECKLIST FOR MEN

- I have a well developed adult maturity My labors are productive
- I give life to others with style
- I have experienced life as:
- Brother
- Friend
- Priest
- Lover
- Warrior
- King
- Servant
- All of these together

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## A Brief Description of Maturity Stages

From *The Complete Guide to Living With Men* © 2004 E. James Wilder

### Chapter Zero

**This book was written for men, but the principles apply to either gender. This explains the biased gender references leaning toward men. Please include all adults, all parents, all children of either gender in each stage as you read this.**

**The Goals for each stage:**

#### THE LIFE CYCLE FROM BIRTH TO DEATH

Both men and women need to understand these growth stages but for different reasons. There isn't any difference between the life cycle for boys and girls. They must pass through the same stages and transformations, but this book will use mostly male examples. We need to have clear pictures of what male maturity looks like at each stage. Perhaps because so few men mature, they need a clear trail to follow. Men need examples that aren't too bland. Women need to recognize maturity and the lack of it in men, or they will end up depending on men (that are unreliable for them). Both men and women will need maps and supplies so they can raise their sons to be men, husbands, fathers and elders.

#### THE FIRST GOAL: BABY

In chapter one we will look extensively at the INFANT STAGE of the baby boy. The infant must experience strong, loving, caring bonds with his parents. These bonds must meet his needs without his having to ask. He must receive life, and learn to express the life that is in him, to everyone's delight. During infancy the baby learns to live joyfully in his mother's world.

The first four years are the baby years. Babies need to receive all good things and learn to express themselves. Each baby learns the value of "just being me" without having to earn anything. During this time his identity will either be built around joy or fear. The child whose "backpack" is filled with joy becomes strong. He will not fear the trails or mountains.

Keeping a baby from beginning a life of fear requires breaking life into baby-sized pieces. Each effort leads to letting the baby rest in a timely way. The baby years are synchronized to the baby's needs. When life comes in his size, the baby learns to synchronize and control his mind and emotions. He learns to quiet himself and soon is ready to synchronize himself with others. Relationships that are both joyful and peaceful result from getting his timing right.

These years of infancy prepare him for weaning. In our culture, weaning from the breast or bottle is rarely timed to coincide with when the child can take care of himself. We rush our children into independence as fast as possible. Weaning from infancy is the change from baby to boy. Once a baby has learned to take basic care of his needs, he can transform into a boy who can begin living in his father's world. He moves from life in his home toward life in both his home and community.

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*The goal for infancy* is for babies to organize a strong, joyful, synchronized identity.

## THE SECOND GOAL: BOY

The CHILD STAGE begins as the baby becomes a boy at about age four. We will explore the boy's world in chapter three. Once weaned, and able to begin taking care of himself, he will be called a boy and will get quite angry if called a baby.

A boy is more complex than a baby. Boys must learn to ask for the things they need. They must make themselves understandable to others. Boys must discover what satisfies them each day. To do this, each boy must learn to act exactly like himself--like the boy he is in his heart. Boys must develop their talents and resources. Their performance must be self-expression but not as a way to earn approval or love. Boys must learn to receive and give life freely. They must learn to do hard things, things that they don't feel like doing at the time, but which are important and satisfying later. Each boy learns how to pack and carry his own backpack, read a map, keep moving on the trail and enjoy the view.

In preparation for manhood, boys must learn the "big picture" of life. This overall picture of life and maturity becomes his "topo" map. He must also learn the history of his own family because his big picture of life must first apply to people he knows. Family history tells him where *he* is on *his* map.

*The goal for childhood* is to teach a boy to take care of one person--himself. Taking care of himself must be second nature before he can take care of two or more people at the same time, as men do.

## THE THIRD GOAL: MAN

Ideally, the ADULT STAGE begins at age thirteen. The well prepared boy can take excellent care of one person, himself. Given the necessary guidance, the young man is now ready to satisfy the needs of more than one person at a time. Like the other transformations, this one is physical as well as mental and social. His identity will try to reorganize itself and without an older guide, he will end up in a disorganized state. We will look at this in chapter five.

It takes a while to climb the many peaks that separate a self-centered boy from a both-centered man. Adult terrain is where he learns to drive a hard bargain, fair for him and fair for the other. A man looks out for the needs of others as though they were as important as his own. When a man does business, the person he is dealing with gets equal, fair treatment. This stage of development usually takes men into their early twenties. By that time, a man should be able to bargain hard, get a fair deal, not be intimidated by other men, protect others from himself when necessary and take care of a small group to everyone's satisfaction.

A man wants his effects to reflect his personal character and style. Everything he does must meet this heart-based standard. His adult identity finds its highest challenge in marriage. A man is ready for marriage near the end of the adult stage. By that time he is proficient in sharing life for mutual satisfaction. Because he and she are both adults, they can each take care of themselves and others simultaneously. This kind of partnership is characteristically adult. Sharing life in a way that creates a mutually satisfying story--or imprint on history--brings great joy to adults.

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*The goal for men* is to become a satisfying part of history. A man knows that what he does impacts other people. Therefore he carefully insures that his impact on history (his story) is a good one.

## THE FOURTH GOAL: FATHER or MOTHER

In the PARENT STAGE a person uses all he has learned in the first three stages to reach his highest peak--giving life. He already knows what he needs and feels. He is looking out for others like he does for himself. He now learns to give without receiving in return, as we will see in chapter eight. This makes him a father (Or a mother)

You know that you are a father when your child keeps you up all night, screaming in your ear, spitting up on your shirt, and then showing no appreciation for your efforts. You could have bargained hard, like a man, and said, "I'll stay up with you tonight but tomorrow night you must carry me around," but you didn't. Instead you gave without demanding in return. This is the mountain peak you have trained for all your life. As you start this ascent, you know you are a dad.

The father knows what he needs. He already reached his infant goals. No one stays up all night and says, "I never need to sleep." He can express his feelings about it as well, "I'm tired but I love my child." He can take care of himself in the morning using the skills he learned as a boy. When his wife takes over, both are satisfied with the baby's care. At work he drives a hard bargain, but at home he climbs above the tree line into unselfish giving. Only the man who has completed the first three stages can enjoy the climb.

Dad passes on the gift of grace by his unselfish giving. His child learns about having value without having to earn it. By staying up all night Dad says, "My child, you have great value to me. Even if you keep me up all night, spit up on my shirt, mess in your diapers and scream in my ear. Even if you do not care that I am here, you have more than enough value to lose sleep over." That is a dad's heart.

Dad represents God to his family. The chance to portray God is the greatest honor that anyone can have. The father becomes an example of God's heart and character through his unselfish giving.<sup>1</sup> This takes a while, and a father is getting the hang of it about the time his children

<sup>1</sup>I know that some of you have forgotten already that fatherhood is *after* adult mutuality. Adults understand that representing God to children is a mutual task. Father and mother both represent God. Immaturity makes us think that it must be one or the other. It is both parents as 4 become teens. By that time, unselfishness should be second nature to Dad, he will need it.

To be a giver of life, a father must have received enough life that he can spare some. He must share a home where he can protect, serve and enjoy. He must have a share in finding the resources that allow his children to mature.

*The goal of fatherhood* is to give life joyfully. As a father gives life, his children grow strong.

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## THE FIFTH GOAL: ELDER

An elder is a father to his community. He is able to treat children who are not biologically his children with the same unselfish care he learned to give to his own. We will study the ELDER STAGE in chapter twelve.

After his children have become men and women, a truly *grand*-father becomes a guide. He helps those who are climbing for the first time. He rescues those who didn't bring maps, forgot their supplies, or even got lost. Elders give life to the "familyless"--the widows, orphans and strangers. They help their community to mature and reach its identity.

Trust is built by elders because they live transparent lives. They no longer hide what they feel so they can be "cool." They are real in ways they haven't been since they were children. They no longer need to protect themselves because they have learned to suffer well. Elders don't withdraw when things go wrong and people fail to live from their hearts. Through authentic involvement, elders resynchronize their community from its broken relationships, failures and failed trust. Elders may not do the work but they help others get their timing right. "This is not the time for that," they say and then again, "this is the time to do something else."

Many people could use an elder or a *grandfather*. In our society we expect older people to buy a Winnebago and drive into the sunset. We, therefore, have few elders, few spare fathers, few guides, and few people helping those in need. There is a great lack of elders in our churches and communities. We need men who have been to the mountain.

Old mountaineers die when they have no one to guide. Each elder must have a community of his own, a place where he is recognized and trusted as an elder. Elders must be given a proper place in the community structure for they would not use force to take it.

"I know just what you need," must echo again in the canyons.

Every elder prepares to face his greatest transformation--a plunge into Iceberg Lake. When elders die, it is a time of great blessing. This is the final decontamination process from all that may have gone wrong on his journey. Everything about him that received and gave life emerges beyond Iceberg Lake. Anything about him that gave death, stays in the lake forever.

*The goal for elders* is to help their community grow up. Elders raise communities the way parents raise children. Under elders, communities reach their full maturity.